IPRO - InterProfessional Project

Abstract

At IIT, we believe that the ability to work with different professions in a project-oriented setting is critical to today’s engineering education. InterProfession (IPRO) projects (a three-credit course) are integrated into our curriculum. Through these industry-sponsored projects, students will deal with the real world engineering problems. This allows our student to learn "the way we will work".

This paper addresses the principles and practice of the IPRO through: (1). the basic structure of IPRO program (2). a comparison with other similar programs, (3). our experience with the IPRO project.

From the experience with IPRO project, we can proposed the followings: the 3Cs model for teamwork, teamwork cultivation, stress and confident management for project members, and leadership development.

Keywords: teamwork, multi-disciplinary program, InterProfessional (IPRO) project, and leadership.

1. Introduction

At IIT, we believe that the ability to work with different professions in a project-oriented setting is critical in today’s engineering education. InterProfession (IPRO) projects (a three-credit course) are integrated into our curriculum. As both an industry-sponsored research project and an educational program, the IPRO project provides opportunity for students to practice teamwork with students from different disciplines, to develop leadership skills, and to learn "the way we will work", among others.

The IPRO program at IIT was developed in 1996. Its main objective is to provide opportunities for students to practice teamwork with students from other disciplines. By participating in IPRO, student would develop leadership skills, communication skills, problem-solving skills, and managing skills that would be very attractive to perspective employers.

Unlike other multi-disciplinary program from other universities, IPRO utilizes single faculty with the assistance from graduate students to provide knowledge based for the project. IPRO also employs two type of academic integration: "vertical" (bridging academic levels as a "must")
and "horizontal" (bridging professional programs as a "should"). This integration closely follows product's development life cycle in the industry. IPRO program is also compulsory to all students and runs on a continuous basis.

In spring 1997, the authors led one project, which involved nine students from four different majors. This project entitled “Integrated Digital Design and Testing (IDDT)”, funded by National Science Foundation, was practiced as an IPRO project and the team won both First Place Award in IPRO projects and Overall Excellence Award from the university. The IDDT project can simply be broken down into five different stages: preparation, planning, development, prototype, and documentation. Each stage lasted 3 to 4 weeks. This paper documented major phases, processes and activities of the IDDT project from both faculty and student perspectives. Throughout the project, the students' psychographic development was also recorded on a weekly basis. This psychograph can be used to understand the interaction among students and to improve and refine pedagogues of IPRO projects.

From the IDDT experience, many conclusions can be drawn. First, the teamwork model based on IDDT project can be proposed. The 3C's model is based on three important concepts: cooperation, coordination, and communication. Second, we also realize that teamwork must be cultivated but not trained, through appropriate communication, planning and management. Third, from the psychograph, we realized the importance of pressure and confidence management. It is very crucial for the IPRO mentors to have strong management skills on these factors. Fourth, faculty plays a very important role in developing leadership skill. Mutual understanding and trust are the keys in building leadership skill.

The remainder of this paper is organized as follows: section 2 introduces the IPRO project at IIT. Section 3, compares IPRO program to the programs from other universities. Section 4 expands on the authors' experience with the award winning IDDT project. Section 5 emphasizes on the findings from IDDT experience. The last section concludes this paper.

2. IPRO project at IIT

The IPRO program was first implemented in 1996[1]. Its main purpose is to provide opportunities for students to practice teamwork with students from different disciplines, to develop leadership skills, and to learn the way we will work, among others. The basic structure of IPRO team (Fig. 1) consists of 6 – 15 students from all academic levels and disciplines with a graduate student acts as a project manager. The faculty and sponsors also serve as the team mentors. IPRO also utilizes the integration of both "vertical" (bridging academic levels) and "horizontal" (bridging professional programs) dimensions to stimulate students to be active in both their specialized and non-specialized disciplines.

A critical aspect of the IPRO Program is the continuous involvement of sponsors throughout the semester long project. The external mentors, as the primary stakeholder in the project, provide advice and insight to the students in an informal setting. Mentors also host team visits to broaden student exposure to an organization and the practical issues that affect project strategy and goals. Students, by working on a challenging topic for a sponsor, can also gain many valuable skills such as, leadership, communication, problem solving, and project managing. These skills can hardly be obtained by simply attending regular school setting; only in a dynamic and real world situation, students can develop these skills.
Besides providing benefits to the students, IPRO also provides many benefits to the faculty, the university, and the sponsored organizations. IPRO program offers an attractive opportunity for many organizations to sponsor a team project: helping to mentor the students, obtaining fresh ideas and an information baseline in an important topic, and identifying interns or future employment prospects. The concept of an InterProfessional student team effort, enriched by regular interaction with a sponsor, clearly benefits the organization and the students. It also provides faculty with opportunity to practice cross-functional teamwork and leadership, and with windows to broaden their research domains, which greatly help to enhance their research capability and academic development. As for the university, it creates a sustainable channel to raise industry sponsorships and research funds, attracts larger number of students with strong academic standing as well as the faculty. It also establishes a strong curriculum that enhances educational quality and stimulates growth of the university.

3. Related Programs

The IPRO program is one of educational programs through multi-disciplinary, cross-functional teaming or the like. The Team-Based Design (TBD) program of Auburn university, Alabama[2], and the Integrated Product Development (IPD) program of Lehigh University, Pennsylvania[3], both winners of “1996 ASME Curriculum Innovation Awards,” are chosen for comparison analysis (Table 1). They share commonalities in many aspects:
• They are project-based and run on industry-sponsored projects.
• They provide elective courses and students could choose whatever projects and teams they would like to work on and with.
• They focus on training the concepts and skills desired by industry but not or less taught under existing educational systems, such as teamwork, leadership and cross-disciplinary communication.
• They require multi-disciplinary teams of both faculty and students, and students learn via or from multiple knowledge flows or sources.
• They attempt to integrate students horizontally (various disciplines) and vertically (multiple levels).

Despite the commonalties, **IPRO** possesses some unique characteristics. The most distinctive ones are:

• property: compulsory and continuous
At **IPRO**’s full implementation, every undergraduate is required to take two **IPRO** courses in order to get their degrees. The **IPRO** course becomes compulsory and most **IPRO** projects are expected to be run on a continuous basis.

• Disciplinary integration: "vertical" + "horizontal"
Since each of **IPRO** projects tends to focus on a specific discipline, the major emphasis would be on "vertical" integration. However, since product development life cycle requires
more than a single discipline (i.e., business aspect, product presentation aspect), a "horizontal" integration is also applied so that the students from different disciplines are also required to take on works that are not directly related to their discipline (Fig.2).

- Faculty structure: single

*IPRO* can utilize single faculty with the additional assistance from graduate students and senior level undergraduates. This set up proves to be more than sufficient for both knowledge sources and spiritual and emotional guidance. However, in some cases, project can also be offered with multiple faculty. Since the main goal was to provide "vertical" + "horizontal" disciplinary integration, the knowledge of a faculty with the assistance of graduate and senior level students was sufficient to provide "vertical" integration. The interaction among group member’s diversity would provide the "horizontal" integration.

- Leadership: graduates

In an *IPRO* project, the role of a faculty is defined as a consultant or mentor, and that of a graduate student as a project manager. As a rule, an *IPRO* team consists 5-15 students. Of these students, one is very possibly a graduate student working as research assistant for the project, and at least one is a senior student from the faculty’s discipline, who possibly can take over the team in the next run.

4. Project *IDDT* Experience

Product design is a convenient vehicle for introducing students from different disciplines to teaming methods. The “Integrated Digital Design and Testing (*IDDT*)” project[4] was chosen for this purpose. *IDDT* is a two-year project funded by National Science Foundation. The main objective of *IDDT* is to develop a system product – Virtual Automated Test Equipment (*VATE*) – that is able to simulate a real multi-million-dollar ATE used in industry. At the same time, it should be affordable and used in university settings to correct prevalent misconception in professional education and to bridge the gap from design to testing.

The project team consisted of nine students and the project was divided into five phases – Preparation, Planning, Development, Prototyping, and Documentation – each spanned 3-4 weeks. Because this project was run in the second year of the *IPRO* program, some expediencies and adjustments were necessary. Key arrangements are illustrated in the following sub-sections.

4.1 Preparation phase
Because *IDD T* project was in its initial stage, preparation and planning works became vital. Major preparation works are as follows:

- **Team forming**
  
  The *IDD T* team (Fig. 3) consisted of 1 faculty and 9 students. Out of these nine students, two were graduate students, which the faculty invited into the group to take on the responsibilities of developing the hardware and software of the *VATE* system. Beside the two graduate students, the *IDD T* team also comprised of two freshmen, and five seniors, among them three from Electrical Engineering, three from Computer Engineering, two from Computer Science, and one from Industrial Design. The students were divided into three groups – Hardware Group (*HG*), Software Group (*SG*), and Business/Planning Group (*BG*). The students chose their groups according to personal interests. Fortunately, the numbers of students in each group were evenly distributed: 4(*HG*), 3(*BG*), and 3(*SG*) (one was willing to work in both *HG* and *BG*). Two senior level students were elected and assigned as group leaders of *HG* and *SG*. Each group appointed one additional student as group coordinator whose main responsibility was to participate in all group meetings, and report major concerns and decisions to his own group.

- **Course Structure**
  
  The faculty gave a project overview, introduced the *VATE* system to be developed, and defined project goals for the semester. To avoid information overload and to simulate research inquiry process, some details were intentionally hidden by the faculty for students to discover. Students were asked to help make evaluations and decisions on purchasing the equipment to be used in the project. Vendors (including competitors) were invited as important knowledge sources. Three vendor presentations were arranged, one by the faculty and two by the students. Before each presentation, students were asked to prepare question lists to learn as much as they could from the vendor. The faculty’s role was to evaluate performance of each vendor and to ask follow-up questions.

- **Task assignment**
Through group discussions, the task outlines of each group were proposed by the students, and adjusted and approve by the faculty. In addition, each student wrote up a list of one’s core competence and what one can contribute to the project. This list would be used at the end of the semester to compare with students’ actual accomplishment, for measuring attainment rate. The purpose is for students to better understand themselves, not for final grading.

4.2 Planning phase

Because none of the students in BG, or even of the team, has business background, they had to learn by themselves from every possible knowledge source. Before planning for the team, each group drafted a list of resource needs and a tentative schedule in which major milestones were identified. HG and SG were asked to write their inter-dependencies to/from each other. The 2nd Annual Undergraduate Research and Presentation Conference hosted by IIT <http://www.iit.edu/~iitugr/iitugr.html>, was set as the project deadline and as an evaluation tool for the faculty to assess the students’ teamwork and for the university to evaluate the IPRO program.

According to the above information and the competence and task lists from each student, BG developed a PERT[5] chart that made clear the whole picture of the project and the role each one should play, and, importantly, the inter-responsibilities among groups. The chart was fully discussed and adjusted (it took longer time though) until both individual and group goals were included. This chart made transparent not only the project itself but also the workload of each group and even of each one. The latter was more important in that it gave a sense of fairness to each student and effectively reduced potential conflicts among groups and team members. With this chart, consensus could be reached with less effort, and teammates would actively assist each other when needed.

Besides the management works (time, project, and workload) done through the PERT chart, additional three major management works – risk, communication, and resource – were also exhaustively planned and executed. For risk management, various methods were studied by BG. Finally, Delphi method[6] was chosen. All kinds of possible risks that might affect or endanger the project were brainstormed and analyzed, and a risk management plan was made accordingly. The IDDT also realized the importance of communication management, and the following communication methods were adopted:

1) Weekly team meetings were set by the faculty as regular checkpoints, and the coordinators took part in every weekly group meeting for exchanging ideas and information. Meeting minutes were required and should be sent to everyone as soon as possible.
2) E-mail was chosen as the main tool for communication outside of meetings. Every e-mail must be received by everyone. There were more than 300 e-mails during the semester.
3) A web-site <http://www.iit.edu/~IDDT/toc.html> was designed and maintained by BG so that every project-related information, such as project plan, progress, history, meeting minutes, relevant research papers and labs, frequently asked questions (FAQs), and even vendor information, could be easily accessed by everyone, including teammates and people from outside.
The team also realized the importance of resource management. In *IDDT* project, a certain amount of effort was devoted to filing and tracking so that everyone would be informed of the resource they would need. It looks simple but require a lot of practice to be skillful at it.

### 4.3 Development phase

As in the initial stage of *IDDT* project, vendor information was critical to the students’ learning, such as domain study and problem space exploration. Because the faculty told the vendors that the students would help making the decision on purchasing the equipment, students received full technical support and respect from the vendors. At one point, students experienced difficulty with the HP equipment and a teleconference call was made to the equipment designer himself. This event clearly demonstrates the valuable real world experience that cannot be found from regular courses.

Specifying prototype’s functionality was an important task in the development phase. The specification should be a product that combines viewpoints of both technology and marketing. For engineering students, the latter required extra attention. It is expected that the prototype or final product will be adopted by other universities as well, therefore, *BG* proposed a questionnaire for market analysis. Through iterative discussions, a final version was set. However, with limited time in a semester, the test and statistics of the questionnaire will be left for future team members to carry out. Key students in next development stage (such as students with questionnaire testing experience) can be defined and recruited by the faculty in advance.

### 4.4 Prototyping phase

Although ideas of how to improve the *VATE* system kept generating, due to the conference deadline and with limited time in a semester, tradeoffs in prototyping had to be made. Decisions pertaining to which functionalities were critical in current stage that had to be prototyped to convince the sponsor of its feasibility were made. Compared with the ultimate, ideal system, prototype made at this stage was definitely far less than complete. Some functions might be less effective or efficient, and some remain to be developed. Presentation technique, thus, became a supplemental and essential part of the prototype.

Presentation is a type of public, cross-disciplinary communication that is seldom emphasized and practiced in most engineering schools. However, it is important in industry. Students in *IDDT* project practiced to express their ideas in a concise, easily understandable way within limited time frame, and different versions of content for audience with various backgrounds were also prepared during rehearsals. Questions possibly asked by audience and conference judges were prepared and embedded into the presentation brief. That presentation can be a major component of prototyping was a new concept that students learned from the *IPRO* course.

### 4.5 Documentation phase

Documentation is important in every phase, yet its significance appears in latter stages. A documentation plan was made right after the function groups were formed. *BG* was assigned to document every event and activity for future reference, including meeting minutes and photos, e-
mails (over 300 during the semester), FAQs (for internal and external communications), computer files, bill of documents, crisis occurrences, presentation slides, etc. These records help to make the project status clear to students participating in next *IDDT* project, and to avoid redundancy and repetition in preliminary research works.

The students’ psychographic development (Fig.4) was retrospectively recorded for educational purpose, improving and refining pedagogues of *IPRO* projects. According to self experience and observation in the *IDDT* project, each student drew weekly curves of oneself along a timeline that could best describe one’s confidence and pressure fluctuations developed during the semester. The curves were averaged and illustrated in function groups. The students can learn something from the psychographics. They knew more about themselves and became more understanding to their teammates, for they could “see” the pressure imposed upon other groups or team members undertaking different tasks with which they do not familiar. Detailed analysis of the psychograph is given in section 5.3. This analysis highly reflects the nature of this project.

5. Observations

Through *IDDT* project, the inter-disciplinary and multi-disciplinary teamwork experience and technical know-how can be summarized as follows:

5.1 Modeling teamwork (3Cs model)

The utmost goals of *IPRO*-related programs are for students to experience and practice important skills required by industries but not taught in their disciplines. From *IDDT* experience, a 3Cs model for teamwork (Fig. 5) is proposed: To facilitate teamwork (i.e., cooperation within and between disciplines), two fundamental works must be thoroughly planned and implemented — communication and coordination. Communication is the basis of coordination and cooperation.
Efficient communication among students results in effective coordination and interaction. Once effective coordination is established, cooperation is then possible.

In *IDDT* project, various communication tools (Fig. 6), represented in two-dimensional matrices, were carefully planned and managed for facilitating internal/external and long-term/short-term communications. Alternative coordinates were also considered, such as direct/indirect and personal/team, to serve different functions and purposes. Valuable coordination tools (Fig. 7) were prudently selected and practiced for maximizing coordination effectiveness and enhancing quality of cooperation output. A suggested use of the teamwork tool matrices is to devise useful management plans or communication channels to either fill up or, at least, fit in all four quadrants of a teamwork tool matrix so that any situation can be handled.

In an *IPRO* course, the relationships between a faculty and students are different from that in a regular course. Students work for and with faculty in a research project, not taught and tested by a faculty. On the other hand, the faculty co-learns and co-works with students. Therefore, faculty should adjust their attitudes and teaching approaches accordingly; learn how to communicate, on an equal standing, with students; and learn how to coordinate with, not command, students during the project process.

### 5.2 Cultivating Teamwork

From the *IDDT* experience and the 3Cs model, it is found that teamwork can only be cultivated, not trained, through appropriate communication, planning and management. Although communication and coordination skills can be taught and learned, cooperation is spontaneous and has to come from one’s willingness; therefore, it is not learnable.

Whether cooperation skills are learnable is also reflected in the faculty/student relationships (Fig. 8). In a regular course, there exists a one-way mentorship between the faculty and the
students, meaning that everything taught in the class is teachable/learnable. On the contrary, an IPRO course facilitates a two-way mentorship and fellowship, meaning that interactions become a basis for mutual teaching/learning. The faculty/student relationship is so different from that in a regular course. The main responsibility of a faculty in an IPRO project is to build and nurture the required environment to facilitate faculty/student teamwork, i.e., to strengthen the “mentorship + fellowship” relationship. As a rule, given enough teamwork conditions or infrastructure (for example, skills and channels of communication and of coordination, and clearly defined and divided works toward common goals, etc.), students working in such environment or culture will naturally do teamwork.

5.3 Analyzing Psychograph

The students’ psychographic development (Fig. 4) was recorded for educational purpose. The students were asked to plot a graph of their confident level. Then, each group average was calculated. The purpose of this graph is for the students to better understand their reaction to pressure and the emotional roller coaster that they experienced throughout the development life cycle. They also became more understanding toward their teammates because they could relate to the pressure imposed upon other groups or team members undertaking different tasks.

Let’s take a look at a real situation that occurred during the project. Because of excellent vendor presentations, the Software Group (SG) students initially thought that their tasks would be easy to accomplish and possessed with high confidence. When they began to design the software, problems occurred and their confidence level declined; the lowest level appeared as the deadline rapidly approach and a few major software faults remain undetected. Once the major faults were detected and solved, the confidence level rose up to the peak. Examined by its pressure curve, SG could not build the system prototype without the critical decoding information from Hardware Group (HG). We can clearly see the dependency between both groups. The HG felt the pressure of delivering the design, while the SG felt the pressure of meeting the deadline. Since SG would be responsible for assuring system performance at the conference, their pressure declined somewhat but remained high. Compared with that of HG, their mission was almost complete after delivering decoding information to SG, HG’s pressure curve dropped immediately after.

Pressure and confidence management is an essential lessons all IPRO mentors must learn, yet, to the best of the authors’ knowledge, no paper focuses on that. The documentation method suggested here might be an easy way for faculty to study students’ psychographics and to improve management/mentoring skills.
5.4 Building leadership

We also find that leadership should be built on mutual understanding and trust. Providing students with appropriate institution or tools that can help to facilitate mutual understanding and trust among students can help leadership building. The competence list, for example, is an ideal tool for students to understand each other. It also provides a team leader with a list of expert consultants for making better decisions. The strength of leadership is heavily related to the involvement and commitment of the faculty. Students won’t take the project seriously if the faculty does not make a total commitment. Since IDDT is a real world project, it has real world pressure (time, budget, quality of deliverables, etc.). The faculty must be responsible for, be involved in, and commit to, the project in order to maintain and strengthen the leadership needed by the student. With fully empowered leadership, decisions can be made efficiently and effectively.

6. Conclusion

The IPRO program provides the opportunities for students to work in an industrial like environment. Each participant must work with colleagues from diverse backgrounds and learn to communicate, coordinate, and cooperate with them (3Cs model). Since we concluded earlier that teamwork could be cultivated, but not trained, it is also important that communication, planning, and management must be very solid for teamwork to be utilized. The faculty must also give a total commitment to the project. The faculty's abilities to manage student's stress and confidence level as well as develop student's leadership skills greatly depend on faculty's commitment.

7. Acknowledgements

Partial support for this work was provided by the National Science Foundation's Division of Undergraduate Education through grant DUE-9650347. Witawas Srisa-an helped with the preparation of the final manuscript.

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